

2026 TEAM PACKET



A team consists of a minimum of **10 or more people**. Each team member receives a **MAD Dash T-Shirt**. If your team doesn't reach 10 people by the deadline, there is no penalty, your team will just not be eligible for team contests.

Team packets (containing all the individual packets for the entire team) are picked up by either the team captain or someone they designate, then distributed to team members. Individuals cannot pick up their personal packet out of the team's packet. Details about team packet pickup are available on page 3.

The team member **registration deadline is September 9, 2026**. Anyone registering after that will be an individual, but can still spend time with the team on Race day.

There are contests for most money raised, biggest teams inside/outside Ouachita Parish by category. Details on each contest are on page 4.

For Cancer Patients in Northeast Louisiana



Proudly Presented by:



Registration Information

It does not matter if some of your team walks the one mile, while others walk the 5K. If someone wants to switch routes, there is no need to notify us of the change. Their Race bib allows them to participate in either event non-competitively.

Team Captain Instructions:

1. Go to MADDash5K.com
2. Click "Teams"
3. Click "Create New Team" and sign in OR register if you are not already a user
4. Fill out your team details and follow the rest of the online registration instructions

Team Member Instructions:

1. Go to MADDash5K.com
2. Click "Teams"
3. Click "Join" next to the team you wish to join
4. Sign in or follow the online registration information to create your account

Mail-In Registration

Team entries are to be given in person or postmarked by September 9, 2026 to be eligible for team prizes. (Schools requesting a later date are exceptions, but must be discussed ahead of the deadline).

The below instructions are only for paper registrations, not online registrations.

1. Make sure that all entry forms are signed, anyone under the age of 18 has the signature of a parent or guardian on the form, and all entry money is accounted for.
2. Fill out the team cover sheet completely.
3. Complete the master list of all your team members. A form is provided in this packet. This may be copied if you need additional pages.
4. Put the following items into a large envelope, then mail (postmarked by Sept. 9, 2026), or hand deliver to:
Northeast Louisiana Cancer Institute
411 Calypso Street
Monroe, LA 71201
 - Entry fees for each participant (please do not mail cash)
 - Team Registration (page 7)
 - Team Master List (page 8)
 - All signed registration forms for each participant (page 9, copy as needed)

Each member of your team must fill out a race entry form and sign it. If under 18, a parent or guardian must also sign the form. Unsigned forms will not be accepted.

Late Entrants:

Every effort should be made to mail all of your team entries together and on time, but there may still be latecomers who would like to join the team. If people return their registration form and money after the deadline, don't panic. There are two ways to get latecomers registered. Bring the entry forms and money when you pick up your Team Packet on September 24-26, 2026. We will make their packets, which you can take with you. If they need to come to you after you have picked up your team's packet, give the location for walk-up registration. They can bring their money and the completed Race Entry Forms to walk-up site and register. Late entrants will not count towards your team total for prizes, but they certainly can join you on Race Day.

Organize Your Team

Team Deadline: Register online or mail all entries and fees by September 9, 2026. REMEMBER all members must sign a release form. Anyone under the age of 18 must have the signature of a parent or guardian.

Now through Sept., 2026

- Recruit co-captains to help organize your team and recruit team members.
- Write an article for your in-house communications, newsletter, or email.
- Ensure that people are registered online or fees and forms are being collected.
- Continue to advertise your team through e-mail, posters, and word of mouth.
- Encourage team members to recruit friends and family members to join them.
- Mail any signed paper entry forms and fees together.
- Fund raise in addition to paying registration fees.

Paper by Sept. 9, 2026 (online Sept. 9, 2026)

All team packets must be postmarked by this date in order to qualify for team pick-up during packet pickup. All entries postmarked after this date will be treated as individual entries. Collect all signed entry forms, checks or money orders and mail them. You may drop them off at our office at Louisiana Cancer Foundation: 301 Hall Street Monroe, LA 71201

Sept. 24-25, 2026

Pick up team t-shirts and bib numbers for your packet at our team pick up location at **Louisiana Cancer Foundation** at 301 Hall Street, Monroe, LA 71201 from 9 a.m. to 6 p.m. on September 24-25, 2026 (Teams from out of the Monroe area can request their packets to be saved and held to be picked up at the site on Race Day). Any packets not picked up early will be available at the Race site on September 26, 2026 but remember to save some waiting time and pick up early!

- Establish a team meeting area for Race day. (Reserving a team tent is recommended.)
- Distribute Race bib numbers and t-shirts to your team members.
- Remind everyone to wear their Race number in front, not on their backs.

Sept. 26, 2026

RACE DAY!!! Arrive early so that you have plenty of time to park and enjoy the festivities before and after the Race. Bring your cameras.

USE THIS CHECK LIST TO MAKE SURE ALL ITEMS ARE COMPLETE ON ALL FORMS

- All entry forms are signed by the participant or by the parent or guardian if the entrant is under 18 years of age. Shirts and bibs will not be given to anyone with an unsigned form.
- All team members have paid the correct amount for their entrance fee. See paper registration form for fee list.
- All team members know the date and time of the race, and the place at Forsythe Park where the team will meet.
- All team members know that only ONE person can pick up team shirts and bibs at packet pickup day at Louisiana Cancer Foundation. Individual team members cannot pick up their shirts.
- The team captain has checked the list and made sure all is in order to ensure no delay on Pick-Up Day.
- If team is competing for Highest Donation, monies must be turned in with team packet by September 24, 2026. (Any other fundraising will not be counted towards team prizes)

Please copy the schedule for your team members. All forms and information sheets may be copied



Entering Offline Donations

Get team credit for donations (cash or check) you collect offline. If you record offline donations in your personal participant center online before turning them in, please make sure that in addition to your name in the “For” section that you write “recorded” on the check (or on a note for cash). This will ensure that we properly confirm the gifts you have entered.



Top Fundraising Teams

The Top 10 Fundraising teams will be included in our post-Race thank you ad and will be listed on next year’s Race shirt! Fundraising continues for 30 days after Race and we will consider this fundraising toward being one of our Top 10 teams for 2027.

Fundraising Tips

There are many ways to fundraise for your team: bake sales, sell jeans days in your office, check to see if your company does matching gifts, etc. Use your imagination! **Submit videos/stories about your fundraising and team building on our Facebook page! We’ll share your success stories.**

SUPPORTING OUR MISSION

Our objective is to provide maximum return to support the mission and programs of the Louisiana Cancer Foundation (LCF) and the Cancer Foundation League. 100% of the net proceeds from MAD DASH will help fund our efforts here in northeast Louisiana.

FREE CANCER SCREENINGS throughout northeast Louisiana

- Breast Cancer Screenings utilizing 3D mammography
- Cervical Cancer Screenings utilizing HPV or PAP smears
- Prostate Cancer Screenings with exam by Urologist and PSA blood test
- Skin Cancer Screenings with exam by Dermatologist
- Colorectal Cancer Screenings utilizing self-test kits
- All participants receive follow up care and guidance after their cancer screening if needed.
- In 2025, Louisiana Cancer Foundation programs assisted cancer patients in 15 Louisiana parishes and 3 Arkansas counties

Research

The LCF has been a long-time financial supporter of the University of Louisiana Monroe-College of Pharmacy Breast Cancer Research ongoing efforts, giving approximately \$180k in total.

Education / Scholarships

The LCF provides an endowed scholarship at the University of Louisiana Monroe for a cancer survivor or someone that has experienced a financial hardship caused by cancer in their family; also the Teresa Marsala Nursing Fund for the ULM College of Nursing.

Funding / Donations

The LCF supports local cancer support groups, seminars, and activities of various other organizations making a difference for cancer patients in northeast Louisiana.

Patient Financial Assistance Program



Through the continued efforts of our fundraising arm, The Cancer Foundation League, a patient assistance fund is maintained to offer financial support to cancer patients of all ages that currently live or are receiving cancer treatment in northeast Louisiana. This fund is routinely used to purchase nutritional supplements, provide transportation gas cards, or assist with household expenses.

Race Map



A Tribute to Cancer Survivors:

The Race honors cancer survivors in several ways:



- Cancer survivors receive a purple Race bib and a purple shirt in their individual packets, along with a purple parking pass for closer parking on Race Day. Purple is the color for all cancer survivors!
- Cancer survivor tent opens at 7 a.m. Survivors and one guest are allowed to enter. Survivors must wear survivor Race shirt, Survivor Race bib, or special wristband to gain entry.
- Cancer Survivors who come to the Survivor Tent on Race Day receive a special gift!
- A recognition ceremony is held after the 5K, before awards are announced. Watch for emails about this!

Race Day Schedule:



- | | |
|------------------|--|
| 6:30 a.m. | Late Registration and Pick up |
| 7:00 a.m. | Cancer Survivor Breakfast |
| 7:30 a.m. | MAD Kids Activities Begin |
| 7:30 a.m. | Welcome and Aerobic Warm-up |
| 8:00 a.m. | 5K Run/Walk (kids may walk with adults) (please allow the timing chip runners to line up at the very front for the start along with Ainsley's Angels) |
| 8:15 a.m. | 1 Mile Walk (kids may walk with adults) |
- Awards ceremony and survivor recognition to follow Race**

Race Day Parking and Activities



There are special kids and pooches areas with activities for everyone to enjoy!

Additional offsite parking and a shuttle service will be provided to alleviate parking congestion. Please check MAD Dash Facebook's page in the weeks before the Race for details on the shuttle service!

Team Registration

Please fill out completely. Submit your entry forms and checks if submitting by paper (not needed for teams registering online).

Team/Organization Name: _____

Team Captain/Contact Person: _____

Address: _____

Daytime Phone: _____ Evening Phone: _____

Fax: _____ Email: _____

Total number of participants on your team: _____

Team Category

- Corporate/Business
- School: Elementary, Middle, Jr. High, High School, and College
- Healthcare: Doctor's Offices, Hospitals, Health Organizations, etc.
- Community: Scouts, Cheerleaders, Key Clubs, Churches, etc.
- Team inside Ouachita Parish
- Team Outside Ouachita Parish

T-Shirt (sizes needed):

Please note how many survivor shirts will be needed in each size. Note also the sizes for MAD Kids shirts.

Adult	How many?	Survivors (get both shirts)	How many?	MAD Kids	How many?
Small		Small		Small	
Medium		Medium		Medium	
Large		Large		Large	
XL		XL		Kids do not come in XL. If a child needs a size bigger than large, order an adult size	
XXL		XXL			
XXXL (if available)		XXXL (if available)			

Total number of shirts needed: _____

Team Summary

Total Number of Racers _____ x \$30 = \$ _____

Team registration (this page), the team master list (page 8), the entry forms for each team member (page 9), and the monies must be turned into the LCF office or postmarked by **September 9, 2026** if you wish to be eligible for the team awards. For t-shirt size guarantee, team packets must be turned into the LCF office or postmarked by **September 1, 2026**.

Team Master List

Fill out completely for your team's use. You will need this list when you are passing out team shirts. Use additional copies of this form if your team has more entrants.

Team/Organization Name: _____

Team Captain/Contact: _____

	Name	T-Shirt Size (Adult of Kids)	Survivor?
1			<input type="checkbox"/> Yes <input type="checkbox"/> No
2			<input type="checkbox"/> Yes <input type="checkbox"/> No
3			<input type="checkbox"/> Yes <input type="checkbox"/> No
4			<input type="checkbox"/> Yes <input type="checkbox"/> No
5			<input type="checkbox"/> Yes <input type="checkbox"/> No
6			<input type="checkbox"/> Yes <input type="checkbox"/> No
7			<input type="checkbox"/> Yes <input type="checkbox"/> No
8			<input type="checkbox"/> Yes <input type="checkbox"/> No
9			<input type="checkbox"/> Yes <input type="checkbox"/> No
10			<input type="checkbox"/> Yes <input type="checkbox"/> No
11			<input type="checkbox"/> Yes <input type="checkbox"/> No
12			<input type="checkbox"/> Yes <input type="checkbox"/> No
13			<input type="checkbox"/> Yes <input type="checkbox"/> No
14			<input type="checkbox"/> Yes <input type="checkbox"/> No
15			<input type="checkbox"/> Yes <input type="checkbox"/> No
16			<input type="checkbox"/> Yes <input type="checkbox"/> No
17			<input type="checkbox"/> Yes <input type="checkbox"/> No
18			<input type="checkbox"/> Yes <input type="checkbox"/> No
19			<input type="checkbox"/> Yes <input type="checkbox"/> No
20			<input type="checkbox"/> Yes <input type="checkbox"/> No
21			<input type="checkbox"/> Yes <input type="checkbox"/> No
22			<input type="checkbox"/> Yes <input type="checkbox"/> No

Registration Form

One person per entry form. Print clearly. Team entries must be submitted through your Team Captain and postmarked by September 9, 2026. Although they still may walk/run with their team, participants who enter later than September 9, 2026 must enter as individuals and must pick up their t-shirt and pamphlets as individuals. MAD Dash release form must be signed. Due to liability issues, a form must accompany every entrant regardless of age level of participation.

Salutation: _____ First Name: _____ Last Name: _____
Address: _____ Apt. or Unit: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____ Date of Birth: ____/____/____
Emergency Contact: _____ Emergency Phone: _____

T-Shirt Size

YS (6-8) YM (10-12) YL (14-16) S M L XL XXL XXXL

Are you a cancer survivor?

Yes No

Registration Type

MAD Dash 5K (\$35) MAD Dash 1 Mile Fun Run (\$35) Remote Runner (\$35) Cheerleader (\$20)

Additional Donation: \$ _____ **Total: \$** _____

Make check or money order payable to Louisiana Cancer Foundation

100% of ALL Funds Raised Will Stay in Northeast Louisiana!

*****Please read and sign*****

Photographic and results release and waiver and release of claims

I agree that any and all representations made and releases, waivers, covenants, consents and permissions given by me hereunder are given on behalf of me and any and all of my minor children or persons over whom I have guardianship participating in or attending the event.

I give my consent and permission to Louisiana Cancer Foundation and MAD Dash 5K, the sponsors and corporate sponsors, their successors, licenses, and assigns the irrevocable rights to use, for any purpose whatsoever and without compensation (i) are photographs, videotapes, audiotapes, or other recordings of me that are made during the course of this event (the "Event"); and (ii) the results of my participation in the Event (e.g., race time, name, participant number)

I understand that (i) my consent to these provisions is given in consideration for being permitted to participate in this Event; (ii) I may be removed from this competition if I do not follow the rules of this Event; and (iii) I am a voluntary participant to this Event. I am in good physical condition and am solely responsible for my personal health, safety and personal property. I know that this Event is potentially hazardous activity and hereby voluntarily assume full and complete responsibility for, and the risk of, any injury or accident that may occur during my participation in this Event (Including but not limited to my fundraising activities associated with the Event) or while on the event premises (collectively, "my participation"). To the fullest extent of the law I, for myself, my next of kin, my heirs, administrators, and executors (collectively, "releasers"), hereby release and hold harmless and covenant not to file suit against (I) Louisiana Cancer Foundation (LCF) and all other LCF affiliates and their respective directors, officers, volunteers, agents and employees; (II) any event sponsors; and (III) all other persons or entities associated with this event (collectively, the "releasees") for any injury or damages I might suffer in connection with my participation. This release applies to any and all loss, liability, or claims I or my releasers may have arising out of my participation, including but limited to, personal injury or damage suffered by me or others, whether such losses, liabilities, or claims be caused by falls, contact with and/or the actions or other participants, contact with fixed or non-fixed objects, contact with animals, conditions of the event premises, negligence of the releasees, risks not known to me or not reasonably foreseeable at this time, or otherwise. I understand that I am solely responsible and liable for all aspects of my fundraising activities associated with my participation, including, but not limited to, the safe and lawful conduct of any fundraising activities.

Participant Signature: _____ Date: ____/____/____

Parent/legal guardian signature if under 18: _____ Date: ____/____/____

Donation List

There are over **26 thousand** newly diagnosed invasive cancers in Louisiana per year; The northeast Louisiana cancer incidence rate is expected to increase by approximately **4% by the year 2027.**

“Our goal is to continue Making A Difference for those within our community. The more funding we have- the more free cancer screenings we can offer in hopes of early detection; and the better we can meet the needs of existing cancer patients that require critical financial assistance.” ~ **James Adams, LCF Executive Director**

Collect funds using this form. If your employer has a “Matching Funds” program, include the necessary form(s). Cash donations are tax deductible. To ensure proper credit to your pledge program, please note your participant name on all mailed donations. In compliance with IRS requirements, receipts will be issued for individual contributions of \$250 and above. For contributions below \$250, a canceled check serves as a receipt.

Awards and prizes will be awarded to the top individual fundraisers as well as the team with the highest per capita total.

To be eligible for prizes: individual pledges must be received by 5:00 p.m. on October 3, 2026 to be considered for prizes. Team pledges must be turned in by the same deadline as team packets.

First Name	Last Name	
Address		
City	State	Zip
Phone	Email	
Team Name	Team Captain	

	Donor's Name	Donor's Address (if \$250 or over, for receipt)	Amount
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
	Total Donation		\$